



THE AHA MODEL • FOR SUPPORT COORDINATORS

The Allied Health Assistant Model at The Centered Space

WHY YOU'RE HERE

You want to make a therapy plan go further without cutting corners, and you want to know how our allied health assistant model works.

So you can stretch a budget into more good therapy, with a clinician always behind the plan.

IF YOU ONLY READ ONE THING

Our allied health assistants deliver high-frequency, real-world practice under senior clinician design and supervision, and our team includes a psychology graduate and lived-experience peer practitioner.

An allied health assistant extends a clinician's reach. The clinician owns the thinking, the assistant delivers the practice, far more often than a clinician alone could, in the places life actually happens. The result is **more goal-directed therapy hours from the same budget.**

How it works

1

A clinician designs the program

Assessment, goals and the therapy plan are owned by a senior clinician



2

An assistant delivers the practice

High-frequency, goal-directed practice in real settings



3

Always under supervision

Direct or indirect supervision, structured notes, a real review cadence



4

More hours from the same budget

The clinician's time goes into design and oversight, so the plan works harder



5

Review and adjust

The clinician reviews progress and updates the program

| A genuinely skilled team

Our allied health assistants are degree-qualified. Our team includes Ella, a psychology graduate and lived-experience peer practitioner with an Australian-recognised qualification, who also works as a key worker, with paediatric early-intervention experience and a specialism in literacy. She works under our senior speech pathologists and occupational therapists. Deliberately broad skill for the role.

- Delegation is task-specific. The assistant does exactly what the clinician designed and approved.
- It is a clinical model, not a cost-cutting one. The point is more good therapy.
- Built for adults and children living with chronic and complex disability.

| NDIS funding

NDIS funding may cover therapy assistant supports where it aligns with the participant's goals and approved plan. Not all NDIS plans include these supports. We charge the higher therapy assistant rate, because the skill we bring is worth it, and it still stretches a plan into more hours of real-world practice. We confirm everything in writing, and we never bill anyone to navigate the NDIS.

Talk to us

Enquire at aha.thecenteredspace.au, or email admin@thecenteredspace.au. We will reply with next steps, usually within one business day.

Your single next step

Talk to us about the AHA model →

The Centered Space · Defensible, not loud. We acknowledge the Traditional Custodians of the lands on which we work, and pay our respects to Elders past and present.

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